



Milk and Dairy Products in Health and Disease

Monday, 19 December 2011

School of Agriculture, Policy and Development,
University of Reading,
Earley Gate,
Reading RG6 7BE



PLEASE NOTE:

Parking spaces on the university campus are very limited so we are encouraging delegates to travel to Reading by train and then catch a taxi from the station. The taxi ride will take approximately 15 minutes and will cost approximately £8 - 10.

If you are driving, please find a car parking space at nearby Statistical Services no. 56 or behind the Agriculture building no. 59. A car parking permit must be collected from Reception in Building 59 and displayed inside the car.



Spaces are limited so please register early

PROGRAMME OF EVENTS

09:30	Registration	
AM Session	DAIRY PRODUCTS AND HEALTH MAINTENANCE	
10:00	Welcome	Prof Ian Givens <i>University of Reading</i>
10:10	Dairy products and BMI control	Dr Anestis Dougkas <i>University of Reading</i>
10:45	Milk proteins and maintenance of muscle mass in the elderly	Prof Luc van Loon <i>University of Maastricht</i>
11:20	Tea/coffee	
11:45	Milk proteins and muscle function in sport	Suzane Leser <i>Volac International Ltd</i>
12:20	Lunch	
PM Session	DAIRY PRODUCTS AND VASCULAR DISEASE PREVENTION	
13:30	Saturated fatty acids in the diet: should they be reduced?	Prof Judy Buttriss <i>British Nutrition Foundation</i>
14:05	Evidence from prospective studies	Prof Peter Elwood <i>Cardiff University Hospital</i>
14:40	Milk proteins, blood pressure and vascular function	Prof Julie Lovegrove <i>University of Reading</i>
15:15	Tea/coffee	
15:30	Reducing saturated fatty acids in dairy products: the consequences for milk fat composition and the environment	Dr Kirsty Kliem and Dr Les Crompton <i>University of Reading</i>
16:05	Butter: is it the dietary villain?	Prof Andy Salter <i>University of Nottingham</i>
16:40	Concluding remarks and depart	Prof Ian Givens <i>University of Reading</i>

Dairy products are key source of nutrients in the diet but there is considerable uncertainty about whether these foods are detrimental or beneficial to health. This important symposium, sponsored by research projects at the University of Reading funded by BBSRC/DRINC/ industry partners and in collaboration with BSAS, will provide up to date evidence on the role dairy foods and milk proteins can play in health maintenance and vascular disease prevention.

BBSRC DRINC/BSAS One Day Symposium Milk and Dairy Products in Health and Disease

TitleFirst Name.....Surname.....

Organisation (for badge)

Address

.....

.....Postcode.....

Email

Telephone

Conference Fee £65 including lunch

Special requirements (diet etc) please specify:.....

METHODS OF PAYMENTS

- register on-line http://www.bsas.org.uk/Meetings_&_Workshops/Other_Conferences/
- cheques should be made payable to BSAS and drawn on a British Bank
- to pay by bank transfer please contact the BSAS Office
- to pay by credit card via this form please complete below

Card Details:

Visa Credit Card No _ _ _ _ _

Mastercard

Switch CSV code: (3 digits) _ _ _

Visa Debit

Card expiry date: _ _ _ _ _

Name of Credit Card holder:

Pay securely on-line or complete this form and send with payment to:

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